

NORTH YORKSHIRE COUNTY COUNCIL

Care & Independence Overview & Scrutiny Committee

27 October 2016

Stronger Communities and Living Well

1.0 Purpose of Report

- 1.1 To introduce the presentation to the Committee on the Living Well Team.

2.0 Introduction

- 2.1 Last year, the Committee reviewed the introduction of the Stronger Communities and Living Well Programmes and concluded that the two programmes are inter-dependent and are evidently working together effectively.
- 2.2 One year later, your group spokespersons have asked that representatives of the two teams return to update on progress. This time, however, the emphasis will be much more on the activity of the Living Well team. Cath Simms, Head of Targeted Prevention, Care and Support (HAS) will make a presentation to you at the meeting.

3.0 The Committee's views

- 3.1 Faced with delivering further significant savings by 2020, the Council recognises that there will be services it has traditionally provided that will no longer be available or will need to be delivered in a different way and in partnership with others - such as libraries transitioning to become community managed. This means a shift from the provision of universal services to targeted prevention and programmes to manage future demand on social care budgets. Making that change work well will depend, at least in part, on the success of the Stronger Communities and Living Well Programmes.
- 3.2 The key characteristic of the delivery of the Stronger Communities Programme, as distinct from the Living Well Service, is it works with communities whereas the focus of the Living Well Service is with individuals.
- 3.3 Stronger Communities has set out to work with local organisations, community groups and other partners from the public and private sectors across North Yorkshire, identifying opportunities to co-produce a range of local support and services aimed at improving the well-being of people of all ages.
- 3.4 As part of its wider prevention programme - Independence with Support When I Need It - the Council has invested in a Living Well Service which aims to improve the health, well-being and independence of individuals and in doing

so prevent, reduce or delay their need for long-term health and social care support.

- 3.5 Whereas the focus for the Stronger Communities programme is to support voluntary and community groups, services and facilities, the Living Well team are working with individuals (and their carers) who are on the cusp of becoming regular users of health and social care services by helping them access local community organisations and supporting them in finding their own solutions to their health and wellbeing goals.

4.0 Recommendation

- 4.1 The Committee note the information given.

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Background Documents Nil